



DIRECTORATE OF PREVENTION, RESILIENCE AND READINESS

Adolescent Support and Counseling Services Program

What Families and Youth Should Know

The Adolescent Support and Counseling Services, or ASACS, program will end after the 2025–2026 school year. While this change may be challenging, ASACS staff will work diligently to mitigate the impact on military Families and youth affected. Counseling, treatment and prevention services for military-connected youth overseas will continue to be available through other options, including:

- **School Behavioral Health.** The School-Based Behavioral Health program is an extension of the military's Child and Family Behavioral Health System. Counselors provide clinical services to eligible beneficiaries and are located within on-post schools. School staff can refer youth to a provider with parental permission.
- **Private Health Insurance.** Most U.S. private health insurance companies provide confidential, remote counseling services to clients based overseas.
- **DoDEA School Psychology Services.** DoDEA school psychologists are trained professionals who provide school-based mental health and educational services. Their core responsibilities include conducting educational and psychological assessments, supporting special education services, consulting with teachers and families, and responding to student crises. They also play a key role in promoting positive behavior and academic success. While school psychologists are equipped to address a range of student needs within the school setting, their role does not include providing long-term behavioral health treatment or clinical counseling. When a student's needs extend beyond the school's scope, school psychologists and school counselors can help connect families with appropriate community-based or military-sponsored services.
- **CYB-MFLCs.** Child and Youth Behavioral Military and Family Life counselors are licensed providers who offer confidential, nonclinical counseling to children and youth up to age 18. They also support Families, staff and support personnel. CYB-MFLCs are located on and off installations, at Child Development Centers, DoDEA schools, installation youth centers and camps. Children of active-duty, National Guard or Reserve Component service members are eligible for counseling with parental consent.
- **Child and Family Behavioral Health at Military Treatment Facilities.** These facilities provide child and adolescent behavioral health services to military children of active-duty service members enrolled in TRICARE Prime. A referral can be placed through a primary care provider.
- **Military OneSource.** Military OneSource provides free counseling for military-connected youth ages 13–17 and family counseling sessions for children ages 6–12 with a parent present. Children and youth ages 6–17 are eligible if they are dependents of active-duty, National Guard or Reserve Component service members, or recently retired or separated service members.
- **R2 Performance Centers.** The Army provides comprehensive, no-cost prevention services for Soldiers, Army Civilians, Families and Army-connected youth to proactively build their resilience skills, cope with the day-to-day challenges of Army life and bounce back from adversity. The R2 Performance Centers overseas can tailor resilience training to the needs of school-age youth and also offer academic skills training for those struggling in school. To find the nearest R2PC, visit www.armyresilience.army.mil/ard/R2/R2-Performance-center.html
- **The Military Crisis Line.** Offers confidential, 24/7 crisis help at no cost to active-duty, National Guard and Reserve Component members, their Families and friends. If you are OCONUS, use the chat function at www.veteranscrisisline.net/get-help-now/chat/ or dial the number below:
 - ▶ PACOM (Indo-Pacific, including Guam, Japan and South Korea): +1 844-702-5493 or DSN 988
 - ▶ EUCOM (All of Europe, including Turkey): +1 844-702-5495 or DSN 988
 - ▶ CENTCOM (Middle East, including Bahrain): +1 855-422-7719 or DSN 988
 - ▶ SOUTHCOM (Including Cuba and Puerto Rico): +1 866-989-9599 or DSN 988
 - ▶ AFRICOM: +1 888-482-6054 or DSN 988

For more information, contact the staff at your local DoDEA school.